

Elements of Exercise, LLC is looking for personal trainers, experienced instructors, certified instructors, or those willing to train to become a group fitness instructor, and studio assistants for Downriver, Dearborn, and Canton area locations.

Who Are We?

EOE currently offers group exercise, dance classes, and personal training throughout southeast Michigan. Our passion for fitness and helping others has allowed us to realize our dream and inspired us to launch Elements of Exercise in 2007. Through our years we been blessed to have helped, inspired, and lead many clients on their journey to good health and fitness.

Our Mission is to offer innovative and "FUN" fitness and dance class. We continue to challenge ourselves to stay abreast of the current fitness trends to offer to our members. Because of these key elements we see our clients stick to our fitness programs and continue to see fantastic results.

What We Are Looking For

Current Certified...

- Zumba Instructors
 - Turbo Kick Instructors
 - Personal Trainers
 - Pilates & Yoga
 - Belly Dance
 - Pole Dance Fitness
 - General Group Fitness
 - Dance Instructors
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Not Certified? No Problem...

Opportunities are still available through the EOE training program.

TRAINING PROGRAM WITH ELEMENTS OF EXERCISE

Learn to teach group exercise classes with Elements of Exercise (EOE). In your training you will learn the basics of teaching group fitness classes from the owners, Certified Personal Trainers and Group Exercise instructors @ EOE. Your training will consist of one-on-one sessions to learn how to instruct a class using correct body mechanics, effective communication and motivational techniques, and how to develop and implement safe and effective group exercise classes. You will learn from numerous EOE instructors through taking any EOE class for FREE!

Personal Trainer Job Description

Benefits of a EOE Personal Trainer:

- Lucrative **earning potential and determine your own schedule!**
- Use of EOE Studio's and Equipment, PT programs and systems
- EOE will provide Client Referrals based on rotation system-ability to grow large client base
- EOE will provide advertising and marketing to promote PT business
- Opportunities for **advancement**
- Continuing **education** opportunities
- **Discounts** on products and services
- **Competitive Compensation**

Personal Trainers will:

- Conduct fitness consultations and assessments
- Develop unique and individualized programs that ensure client safety, satisfaction, and enhancement of personal fitness goals
- Assist, monitor, and instruct clients
- Ensure safe and effective use of equipment
- Maintain consistent client base
- Provide exceptional customer service to clients and guests throughout the club
- Assist with additional studio responsibilities as needed

Personal Trainer Job Requirements

- Candidates must be at least 18 years or older to apply
- High School diploma or equivalent
- Previous training and program design experience
- Fitness related degree and/or certification required
- Willingness to attend training and development programs
- Motivation, energy, and enthusiasm, with a desire to succeed
- Strong communication skills required
- Customer service oriented
- Individual and team contributor
- Available to work in our Dearborn and/or Canton locations
- CPR / AED Certified
- Bilingual a plus

How to Apply

Please forward a copy of your resume to careers@elementsofexercise.com along with what position(s) you are applying for

No phone calls please

We will contact you to schedule a interview if your qualifications and/or experience meet our job requirements