

JANUARY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2	3	4 9:30am Zumba-Trenton 7:35pm Zumba-Ypsilanti	5 6pm Turbo Kick-Wood 7:10pm Cardio Pilates-Wood	6	7 9:30am Buts & Guts-Wood
8	9 9:30am Zumba Gold-Wood 9:30am Zumba Gold-Maple 10:30am Mommy & Me-Wood 5:30pm Zumba-Anytime 6:00pm Buts & Guts-A.P. 6:30pm Zumba-Hicks 6:30pm Aqua Zumba-Wood 7:00pm Zumba-Trenton 7:10pm RIPPED-A.P.	10 6pm RIPPED-Wood 6pm Zumba-A.P 6pm Total Body-Cabrini 6pm Zumba Toning-Ice Box 6:30pm Kettlebell-Maple 7pm Zumba-Salvation Army 7pm Buts & Guts-Ice Box 7:05pm Bootcamp-Ypsilanti 7:10pm Kettlebell-Wood 7:10pm Kettlebell-Cabrini 7:30pm Zumba-Maple 7:30pm Zumba-Canfield	11 6pm Mat Pilates-A.P. 6pm Zumba-Gibraltar 6pm Zumba-Zodiac 7pm Kettlebell-A.P. 7pm Zumba-Bailey Center 7:10pm RIPPED-Gibraltar	12 6pm Flirty Girl-A.P. 6pm Zumba-Grosse Ile 6:30pm RIPPED-Maple 7pm Zumba-Melvindale 7pm Zumba Toning-A.P. 7pm RIPPED-Grosse Ile 7:10pm RIPPED-Anytime 7:30pm Zumba-Maple	13 6pm Zumba-Canfield	14 9am Core Strength-A.P. 10:10am Kettlebell-A.P.
15	16 ML King Day 6:05pm Kettlebell-L.P.	17 6pm Zumba-Duvall 6pm Zumba-L.P. 7:10pm RIPPED-L.P.	18 6:10pm Zumba Gold 7:05pm Kettlebell	19 6pm Flirty Girl-Snow Elem 6pm Cardio Hip Hop-Hicks 7:10pm Buts&Guts-Hicks	20	21
22	23	24 5:15pm Zumatonic-Red 6pm Zumba-Red 7:10pm Kettlebell-Red	25 9:30am Zumba Gold-Red 6pm Pilates Yoga Fusion-Red	26 6pm Zumba-Red 7:10pm RIPPED-Red	27	28
29	30	31		Wood=Woodhaven Maple=Maplewood A.P.=Allen Park L.P.=Lincoln Park Red=Redford		